



Get Out Get Active

getting women and girls active for life

Approved funding - Round 3

Category 1 – Queensland Local Government Authorities (councils)		
Organisation name	Project description	Approved \$
Burdekin Shire Council	conduct an eight week, low cost fitness program to support inactive women and girls in Ayr	\$20,000
Cairns Regional Council	conduct a series of cycling programs and bike maintenance training for women and girls in Cairns	\$40,000
Carpentaria Shire Council	conduct a 10 week exercise program, train two women in Certificate III in Fitness and train one woman as a Zumba Instructor to support fitness at Normanton	\$14,630
Central Highlands Regional Council	conduct a 12 week fitness program in four rural communities to support inactive women and girls in the Central Highlands	\$23,455
City of Gold Coast	conduct two, 10 week fitness programs for women and two, 12 week yoga programs for at risk women at the Gold Coast	\$14,640
Cloncurry Shire Council	deliver fitness and come and try paddle sessions and accredit two activity instructors to support women and girls in Cloncurry	\$39,600
Etheridge Shire Council	conduct a fitness challenge to support women and girls within the Etheridge Shire	\$16,200
Flinders Shire Council	conduct a 20 week triathlon skills program to support women at Hughenden and Julia Creek	\$13,102
Hinchinbrook Shire Council	conduct three, eight week programs in fitness, self-defence and yoga and a one day trail walk within the Hinchinbrook Shire Council area	\$4,800
Ipswich City Council	conduct 44 weeks of wheel based multi sports to support inactive women and girls with at Ipswich	\$12,418
Livingstone Shire Council	conduct a 20 week group fitness including aqua aerobics, yoga, pilates and walking program for women and girls in the Livingstone Shire	\$8,000
Logan City Council	conduct multisport programs to support women and girls in Logan	\$19,975
Maranoa Regional Council	conduct fitness programs and cycling and self-defence clinics to support women and girls within Maranoa region	\$40,000
McKinlay Shire Council	conduct eight week fitness classes for women over 50, circuit classes for children 8 to 15 years, and strength and conditioning program for women in Julia Creek	\$5,058
Moreton Bay Regional Council	conduct a 20 week fitness program in five PCYC locations at Moreton Bay	\$32,000
Napranum Aboriginal Shire Council	conduct four, eight week beginner health and fitness programs and provide Certificate III in fitness training for three female volunteers at Weipa	\$17,377

Organisation name	Project description	Approved \$
Noosa Shire Council	conduct a 12 week multi-sport program to support women and girls in Noosa	\$10,050
North Burnett Regional Council	conduct a twelve week fitness and walking program in North Burnett	\$39,998
Redland City Council	conduct an active recreation program to support women and girls in Redlands	\$30,284
Scenic Rim Regional Council	conduct a multi-sport and fitness program to support women and girls in the Scenic Rim	\$9,621
Somerset Regional Council	conduct social multi-sports program over an 11 week period to support inactive girls at Fernvale and Kilcoy Indoor Sports Centres	\$2,473
South Burnett Regional Council	conduct a 10 week "On Your Bikes" program to support cycling in the South Burnett	\$16,087
Sunshine Coast Regional Council	conduct a 20 week fitness and outdoor recreation program to support inactive women and girls on the Sunshine Coast	\$39,625
Tablelands Regional Council	conduct fitness programs including, yoga, aqua aerobics, zumba and cycling over eight months across the Atherton Tablelands	\$20,000
Toowoomba Regional Council	conduct a multi-sport, fitness and outdoor recreation program to support women and girls in the Toowoomba region	\$35,108

Category 2 – Sport and Recreation Organisations		
Organisation name	Project description	Approved \$
Adventure HQ Inc.	conduct a 20 week fitness and navigation program and a 6 week metrogaines series to support inactive women and girls at Cairns	\$19,600
Brisbane North Junior Cricket Association Inc	conduct 10, four week come and try programs, an eight week MILO T20 Blast competition, an eight week Super 6's competition and 10 camps for girls 5-15 years old to support cricket in North Brisbane	\$40,000
Brisbane Table Tennis Association Inc	conduct a 20 week engagement and participation program to support table tennis in Brisbane	\$15,650
Cairns Hockey Association Inc	conduct two blocks of 6 week boot camp and hockey program to support women in Cairns	\$39,500
Challenge the Mountain - Rockhampton Inc	conduct six, 12 week fitness programs incorporating strength training, walking, bush walking, cycling and mountain biking for women over 50 years at Rockhampton	\$27,823
Community Sports Mentoring and Coaching Ltd	conduct basketball and fitness programs in local council parks and reserves to enhance sporting opportunities for women in south east Queensland	\$40,000
Edge Hill Tennis Club Incorporated	conduct a cardio tennis program to support inactive women in Far North Queensland	\$38,520
Mareeba Mountain Goats Inc	conduct a 40 week three tiered program to support mountain biking and cycling at Mareeba	\$34,700
Maroochydore Football Club Incorporated	conduct a 20 week football-specific fitness program for new mothers and a ten week fitness and football program to support mothers and daughters at Maroochydore	\$23,748

Category 2 – Sport and Recreation Organisations

Organisation name	Project description	Approved \$
Murgon Golf Club Inc	conduct an introductory golf program once a week over an 8 week period to support rural women and girls at Murgon	\$16,655
Noosa Triathletes Inc	conduct an introductory triathlon program including an initial fitness assessment, ongoing training, nutrition and injury prevention education, camps, online ongoing training program and female only event to support women and girls at Noosa	\$31,626
North Lakes Table Tennis Association Inc	conduct four, ten week table tennis programs to support inactive women and girls at North Lakes	\$15,530
Queensland Netball Association Marlin Coast Branch Inc	conduct a 6 week fun fitness community and schools program followed by fast five netball to support netball in rural and remote regions in Far North Queensland	\$33,300
RATS Cycling Club Inc	conduct a series of introductory mountain biking skills sessions, guided social mountain bike rides, and purchase bikes and helmets, to support women and girls at Priestdale	\$38,240
Redlands Sporting Club Inc	conduct a 20 week exercise program and a 12 week dance program at Redlands Sporting Club	\$8,950
Southern Districts Basketball Association Ltd	deliver an active fitness and cultural engagement sport program to support basketball in Brisbane	\$37,900
Southern Steelers Sports Inc	conduct two, eight week multi-sport programs and one multicultural youth games event to support Aboriginal and Torres Strait Islander and Culturally and Linguistically diverse inactive women and girls at Logan	\$35,320
Tai Chi for Health North Queensland Association Incorporated	conduct a 12 week tai chi for diabetics program, 2 awareness sessions and volunteer training and mentoring to support inactive Indigenous women at Mackay and Townsville	\$40,000
Tambo Sports Club Inc	conduct a twelve week fitness program to support women and girls at Tambo	\$20,050
The McLeod Country Golf Club	conduct two 14 week beginner golf programs and one university holiday golf program to support inactive women at Mount Ommaney	\$26,685
Therapy and Dance Association Inc	conduct a series of dance classes for mums of bubs and occupational therapy dance classes for girls with special needs at the Gold Coast	\$24,227
Warwick Golf Club Inc	conduct a ladies program and purchase equipment to support golf at Warwick	\$24,815
Whitsunday Triathlon Club Incorporated	conduct a twelve month physical activity program incorporating mountain biking, tennis, walking and various come and try physical activity tasters at Hamilton Island	\$16,180
Whitsunday Weightlifting Association Incorporated	conduct a series of multi-week physical activity programs to support women and girls in the Whitsunday region	\$14,894
Winton Health Action Team Inc	conduct a 20 week virtual gym and fitness program to support inactive women and girls in Central Region	\$39,980