

# Coronavirus (COVID-19): Makambo ya koyeba mpo na COVID-19

## Bansango mpo na bato ya Queensland

### COVID-19 eza nini?

COVID-19 eza maladi ya mabe oyo eutaka na coronavirus. Bato ebele oyo bazwaka COVID-19 bakobela maladi ya makasi te mpe bakobika kozanga kozwa lisalisi ya speciale. Soki moto akobela makasi to te etali lolenge ya virisi ya COVID-19 oyo aza na yango.

#### Ndenge nini COVID-19 epesamaka?

COVID-19 ekoki kopesama na kati ya bato na nzila ya matanga mike ya mai ntango moko oyo aza na yango azokosula, azosala itche, azoloba to azopema makasi.

Okoki kozwa yango soki okotisi na zolo virisi euti na moto oyo aza na COVID-19 soki oza pene na ye, to soki osimbi eloko moko asimbaki mpe na nsima osimbi miso, zolo, to munoko na yo.

Okoki kozwa bansango ebele etali ndenge COVID-19 epesamaka mpe ndenge ya komibatela na yango awa: [www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/protect-yourself-others/coronavirus-prevention](http://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/protect-yourself-others/coronavirus-prevention)

#### "Lolenge" ya COVID-19 eza nini?

Ntango COVID-19 epanzanaka, ekoki kobongwana, kaka neti grippe. Kosala bongo eza normale mpo na virisi. Babengaka bambongwana wana "mutations." Babengaka mutation "lolenge" moko ya virisi ya ebandeli. Eza na balolenge ekeseni ya COVID-19, na ndakisa Delta (euta *na Inde*), Alpha (eutana *Royaume-Uni*), Beta (eutana *Afrique du Sud*), Gamma (eutana *Brésil*), mpe mingi mosusu. Balolenge ekeseni ekoki kopanzana na pete koleka mosusu, kasi eza kaka virisi ya COVID-19.

Organisation mondiale de la santé eza na bansango mingi etali balolenge ya COVID-19 awa: [www.who.int/en/activities/tracking-SARS-CoV-2-variants/](http://www.who.int/en/activities/tracking-SARS-CoV-2-variants/).

### Bato baza na likama mingi

Bato ya bambula nyonso to baza na santé ya ndenge nyonso bakoki kozwa COVID-19. Kasi, bato mosusu baza na likama mingi ya kobela makasi soki bazwi yango. Bato yango ezali:

- mibange
- bato oyo baza na maladi esilaka te neti cancere, maladi ya poumon, diabete, to hypertension.
- Bato oyo bafandaka na bandako oyo eza na bato mingi
- bato oyo baza na bisika bakanga bato.

Tosengeli kosala makasi koleka mpo na kobatela bato wana. Tosengeli na ndakisa kokende te kotala bango soki oza na bilembo ya COVID-19.

## Bilembo ya COVID-19

Bilembo ya COVID-19 ezali:

- Fievre
- Kosukosu
- Mongongo pasi
- Kokatana mpema
- Moto mpasi
- Zolo ezotanga to ekangami
- Kolemba
- Pulpulu, kozanza to mposa ya kosanza
- Koyoka te elengi to nsolo ya bilei
- Mpasi na misisa to na ba joint, mpe
- Koyoka te nzala.

Bato bakoki kozala na bilembo ekeseni ya COVID-19. Soki oza na bilembo ya makasi mpenza ya COVID-19 elakisi ete ekozwa ntango mingi mpo obika. Na ndakisa, bato oyo baza na bilembo makasi euti na virisi, bakoki kozwa bamposo to basanza mingi mpo na kobika. Bato oyo baza na bilembo ya mike bakoki kobika nsima ya mposo moko to mibale.

Soki oza na elembo nyonso ya COVID-19, osengeli kosala ekzame kozanga kozela. Okoki kozwa esika ya pene ya kosala ekzame ya COVID-19 awa: [www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/stay-informed/testing-and-fever-clinics](http://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/stay-informed/testing-and-fever-clinics)

### Lisungi oyo Ezali:

Soki ozokoka te kobunda na mokakatano ya COVID-19, benga Multicultural Connect na nimeru oyo 1300 079 020. Senga mobongoli soki oza na posa lisungi mpona monoko nayo.

Mpo na mituna nyonso etali malako ya kolongono ya nzoto ya bato nyonso etali COVI-19 benga Queensland Health na nimeru 134 COVID (13 42 68). Bakoyebisa yo oyo okosala. Soki oza na posa ya mobongoli, senga yango tango okobenga. Kobenga eza ya ofele.