



Get Out Get Active

getting women and girls active for life

Get Out, Get Active

Approved funding Round One

Council	Project description	Project location	Approved \$
Brisbane City Council	Provide seven key active initiatives that aim to increase physical activity of inactive women	Brisbane	\$20,000
Cassowary Coast Regional Council	Conduct a women's walking challenge and two-six week blocks of activities for inactive women	Innisfail Tully Cardwell El-Arish	\$20,000
Central Highlands Regional Council	Provide activity sessions for women 50 years and over, employ a support facilitator and purchase equipment to support inactive women	Central Highlands	\$11,520
Cherbourg Aboriginal Shire Council	Conduct a netball program and provide accreditation, employ a coordinator and purchase equipment to support women's active recreation	Cherbourg	\$15,477
Douglas Shire Council	Conduct a series of eight week come-and-try fitness programs and develop a sport and recreation directory for the local community	Port Douglas	\$16,408
Flinders Shire Council	Conduct a series of physical activities targeted to support 30 inactive women for 12 weeks	Flinders Shire	\$18,634

Gladstone Regional Council	Conduct a series of activities and purchase equipment to support inactive women	Gladstone	\$6,885
Gold Coast City Council	Develop a free mobile platform application that allows women to find, register online and participate in a range of sport and active recreation activities	Gold Coast	\$20,000
Logan City Council	Provide a recreation and sports program for women from cultural backgrounds	Logan	\$18,500
Mackay Regional Council	Conduct a range of fitness activities for 95 inactive women and girls	Mackay	\$20,000
Maranoa Regional Council	Conduct an affordable exercise program, well-being classes and a nutrition session to support inactive women	Maranoa	\$16,000
Moreton Bay Regional Council	Conduct a 12 week fitness program for women and girls, including tai chi, yoga and aqua aerobics	Moreton Bay	\$20,000
Northern Peninsula Area Regional Council	Conduct a six week Steady Steps program and training for women and local instructors	Northern Peninsula Region	\$9,072
Paroo Shire Council	Provide aqua aerobics, boxing and aerobics sessions to support inactive women	Cunnamulla	\$20,000
Somerset Regional Council	Conduct come-and-try fitness classes, aqua aerobics and walking opportunities to support inactive women	Somerset Regional Council area	\$2,000
South Burnett Regional Council	Conduct a women's active expo and an 'Active Taster' program, and employ a project officer to support women's active participation	South Burnett	\$18,888

Sunshine Coast Regional Council	Conduct an introductory cycling program for women	Sunshine Coast	\$6,000
Toowoomba Regional Council	Provide accessible, social and sustainable opportunities to support inactive women	Toowoomba	\$6,700
Torres Strait Island Regional Council	Create and deliver a culturally appropriate fitness program for young mothers to support women's fitness	Torres Strait	\$20,000
Woorabinda Aboriginal Shire Council	Conduct a Certificate III fitness instructor course, fitness and gym sessions and purchase equipment to support inactive women	Woorabinda	\$19,999