Stay safe from the flu this winter

Get vaccinated

Winter is peak influenza (flu) season, so it's a good idea to get your flu vaccine now.

You can get vaccinated at your local GP, community health clinic or pharmacy. The vaccine is recommended for anyone over the age of 6 months.

Why is vaccination important?

Influenza is a very contagious infection. It makes many people sick and causes deaths every year.

Influenza causes many hospitalisations for children and for older people. It can have dangerous complications. So, it's very important to prevent influenza by ensuring that children aged 6 months to 5 years and adults over 65 years and others at risk to get the flu vaccine.

Getting children vaccinated also helps to stop the infection spread to other people.

What about the COVID-19 vaccine?

The COVID-19 vaccine does not protect you against the flu!

If you are due for your COVID-19 vaccine or booster, you can get it on the same day as the flu vaccine. Speak to your GP if you have any questions about getting both vaccines.

When can you get the flu vaccine after recovering from COVID-19

You can get the flu vaccination once you have recovered from COVID-19. This means that you're better and you are out of isolation.

You should not get the flu vaccination if you still have signs or symptoms of COVID-19, or if you are sick (like with a fever).

Need more information?

Talk to your GP if you have any questions about getting the flu vaccine. You

can also call **13 HEALTH** on **13 43 25 84** and speak to a nurse.
Ask for an interpreter if you need one. You can find out more about the flu vaccine,

and resources in your language, here.

English – Factsheet_Stay safe from the flu

Queensland Government