

COVID resources for First Nations peoples

For COVID resources for First Nations peoples please refer to the following links

For healthcare providers and consumers in South East Queensland:

- **Mob Link** is an initiative of the Institute for Urban Indigenous Health to support Aboriginal and Torres Strait Islander people living in South East Queensland by linking them with health and social services.
- By calling 1800 254 354 Aboriginal and Torres Strait Islander people across South East Queensland can opt in to access a variety of COVID-19 related services and support plus a wide range of other health and social services.

Utilising your existing GP service

- If your symptoms are mild, COVID-19 Symptom Checker, and you have an existing health provider you should make an appointment with them to discuss your care.
- If you can't access your existing provider you may wish to call 134COVID and they will assist you find a GP in your area.

For healthcare providers and consumers in all parts of Queensland:

- The **Make the Choice** website has information for Aboriginal and Torres Strait Islander peoples about:
 - Finding your nearest clinic (an Aboriginal and Torres Strait Islander Community Controlled Health Service)
 - COVID vaccines
 - What to do if you get COVID
 - Isolating at home
 - Caring for someone with COVID
 - What to do if someone in your house has COVID
 - Recovering from COVID

Make the Choice is a collaboration of the Queensland Aboriginal and Islander Health Council, Queensland Health and the Institute of Urban Indigenous Health.

- Visit the Queensland Health Asset Library for resources for Aboriginal and Torres Strait Islander Peoples.

<https://bit.ly/3lh43lz>

Further information

National Coronavirus Helpline 1800 020 080

This colourful artwork is courtesy of Jedess Hudson. It represents the complexities and challenges COVID-19 brings into our lives. Jedess Hudson is a descendant from the Ewamian and Western Yalanji people of North Queensland.