

Name ..... Date .....



# How often can we save food in our house?

Colour a square every time a food item is thrown away that was not eaten as planned. You do not need to record unavoidable waste such as bones, skin, tea bags etc.

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Can you do better? → Needs improvement → Okay → Very Good

Hooray! Your family is working together to prevent food waste? Colour in a square every time someone does a positive action to prevent food waste. Optional – write what they did in the square!

<b>Prevention/ avoidance</b>									
<b>Keep it fresh for longer</b>									
<b>Used up leftovers</b>									