

Name Date

Cupboard, fridge or freezer - Which is best?



Record the types of food that you will investigate and what your predictions are. Then record what you discovered about the food. Use observation or, if it has any, look at its packaging to make your prediction.

Name of food	Storage suggestions	Your prediction	Use by or best before date	Other things you noticed

Observation Notes

Will the apples stay fresher for longer in the fridge or on the bench?

Why? _____

Will the bread stay fresher for longer in the fridge or on the bench?

Why? _____

Over the course of the experiment, write your observations on the back of this sheet.